

# *Beauti Bar Bikini Waxing FAQs*

## **What is a Brazilian bikini wax?**

Brazilian waxing refers to hair removal around the genitalia. To some people it means removing all the hair from the bikini area, and to others it means removing everything but a strip in the front. The Brazilian technique has gained in popularity and involves removal of most hair from the bikini area, leaving only a small strip of hair. This is a very intimate type of waxing and will only be performed after careful consultation. How closely you trim, shave or wax your pubic hair is a personal preference. You should do whatever makes you comfortable, whether it's a bare look, a more natural look, or something in between.



## **Why go to this extreme?**

It allows women to comfortably wear revealing swimwear and lingerie.

## **How long will the results last?**

After a client's first waxing, the results can last 3 to 6 weeks depending on the individual's hair re-growth rate. In most cases, hair growth is minimal during the first week or two and noticeably increases in the third and fourth week. Heat stimulates hair growth; therefore hair grows quicker in the summer than in the winter. With regular waxing the length of time between treatments will increase and continued waxing results in sparse hair re-growth.

## **What do I wear during this waxing?**

If you are comfortable, the Brazilian wax will be done without any draping. A towel will be available for draping if you prefer.

## **What is the procedure for Brazilian bikini waxing?**

Prior to arrival, ensure all of the hair is less than half an inch long, using scissors or clipper. To begin, wax is applied a little at a time. The hair is removed and the procedure continues. The wax used for this procedure is a no-strip wax, meaning it is applied to the hair to be removed, it "shrink-wraps" around the hairs, and is pulled off after it dries. The wax is made for sensitive skin, so it's great for bikini/Brazilian waxing. While waxing, it's best to pull the skin tight, so you may be asked to help stabilize an area with your hand. Stray hairs may also be tweezed. After the hairs are removed, a first-aid solution is applied to help soothe the area. It is a botanical solution, so please advise your skin care therapist if you are allergic to any foods - because if you can't eat it, you shouldn't put the extracts on your skin.

## **What are the possible side effects of waxing and how can they be minimized?**

Although we can not predict or guarantee who may react, most clients do not experience reactions beyond redness and minor irritation. Hair may break at the root during waxing, causing some hairs to grow out faster. Please follow these guidelines to minimize irritation and possible break outs.



- Avoid the sun immediately after waxing and please wear sun screen; recently waxed areas are prone to hyperpigmentation (permanent darkening of the skin) if exposed to the sun.
- Avoid heavy exercise for at least 24 hours after waxing.
- Avoid saunas, steam rooms, whirlpools and other heated sources for at least 48 hours.
- Do not use exfoliating products (AHAs, scrubs, etc) and loofas for at least 24 hours after waxing as they might further irritate your skin.
- Avoid tight clothing after waxing, especially in the waxed areas. Tight clothing may result in irritation and ingrown hairs
- Regular exfoliation may be helpful to remove dead skin so your hairs can get out above the surface of the pores and not become ingrown.
- Routine waxing helps the skin get accustomed to the procedure and may minimize irritation
- Unfortunately, no hot bath, hot shower or oral sex for 10 hours after a Brazilian. While your pores are open, they are vulnerable to irritation by the extreme temperatures and infection by bacteria.

## **How long does Brazilian bikini waxing take?**

Depending on the density of the hair growth, your waxing appointment will take between 30 minutes and 1 hour.